

## P.E.T. (Positron Emission Tomography)

Please call 561-3117. Ask P.E.T. scheduler for instructions.

## 3D Tomosynthesis Mammogram

**DAY OF EXAM:** Do not wear deodorant, talc powder, body lotion, body oil or glitter.

## Intravenous Pyelogram (IVP)

**DAY BEFORE EXAM:** Nothing to eat or drink after midnight. (Wait until after exam to take any daily medication.)

## Barium Enema Examination (Colon)

**1. DAY BEFORE EXAM:** Clear liquids at noon and supper meals. Eat no solid food.

Drink six 8-ounce glasses of water between 1:00pm and 9:00pm.

At 5:00pm drink one bottle of Citrate of Magnesia (10 ounces).

At 8:00pm take two Biscodyl (Dulcolax) pills.

**2. DAY OF EXAM:** Insert one Biscodyl (Dulcolax) rectal suppository upon arising.

No solid food. May have coffee, water or juice until 1 hour prior to exam.

## Upper GI Series (Stomach)

**DAY BEFORE EXAM:** Nothing to eat or drink after midnight. (Wait until after exam to take any daily medication.)

## Ultrasound

**ABD, GB, PANCREAS, LIVER, or AORTA – EVENING BEFORE EXAM:** Nothing to eat or drink after 10:00pm.

**BREAST: DAY OF EXAM**—Do not wear deodorant, talc powder, body lotion, body oil glitter.

**KIDNEY:**(Renal): Drink 32oz of water 90 mins prior to appointment. Hold bladder. Do not empty bladder.

**PELVIS AND OBSTETRICAL:**

**1. Pelvis**—under 18 years of age: **1 HOUR BEFORE EXAM** drink 32 oz. of water. Do not empty bladder.

Otherwise no special instructions.

**2. OB**—No special instructions.

**VASCULAR ULTRASOUND: 1 HOUR BEFORE EXAM,** No smoking or exercise.

**LIVER OR RENAL DOPPLER: DAY BEFORE EXAM:** Nothing to eat or drink after 10:00 pm the night before.

## CT Exam (Please bring any previous CT films if available)

Most CT Abdomen and CT Pelvis exams will require patient to drink an oral contrast solution\*

### CT ABDOMEN ONLY

Arrive 1 hour before exam to drink oral contrast\* Nothing to eat or drink 4 hours prior to exam.

### CT PELVIS ONLY

Nothing to eat or drink 4 hours prior to exam. Arrive 2 hours before exam to drink oral contrast\*

### CT ABDOMEN AND CT PELVIS

Nothing to eat or drink 4 hours prior to exam. Arrive 2 hours before exam to drink oral contrast\*

**\*NOTE:** You may pick up contrast from our office the day before your exam and drink at home.

Our oral contrast is sugar-free. Diabetic patients may drink some juice if necessary 1 hour before drinking oral contrast.

### OTHER CT EXAMS NO SPECIAL INSTRUCTIONS

## Nuclear Medicine Exam

### THYROID SCAN/UPTAKE:

**1. FOR 6 WEEKS BEFORE EXAM:** No intravenous radiographic contrast.

**2. FOR 6 WEEKS BEFORE EXAM:** No Synthroid.

**3. FOR 4 WEEKS BEFORE EXAM:** No Iodine containing vitamins or diet supplement.

**4. FOR 2 WEEKS BEFORE EXAM:** No anti-thyroid medications (desiccated thyroid, PTU).

**HEPATOBIILIARY SCAN:** No food or drink **ON DAY OF EXAM.**

Bone and other scans: A Nuclear Medicine Specialist will call with specific instructions regarding your appointment.

## MRI / MRA Exams

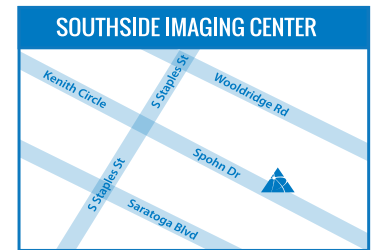
If you are not contacted by our MRI Department by 2:00 pm **THE DAY PRIOR** to your appointment, please call 361-887-7000 for instructions.

Wear cotton undergarments; all patients will be asked to change into exam gown.

## DXA

Patient **MUST** hold all calcium, vitamin D and multi vitamins 48 hours (full 2 days) prior to exam.

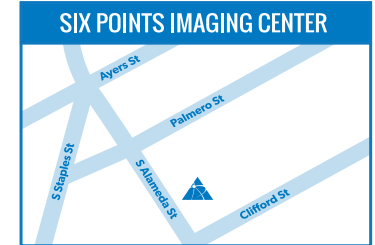
Wear metal free garments (ie. underwire bra, grommets on jeans, zippers, etc.)



**5742 Spohn Drive 78414**

3T MRI, MR Spectroscopy, MR Angio, CT, X-Rays, Nuclear Medicine, PET/CT Scan

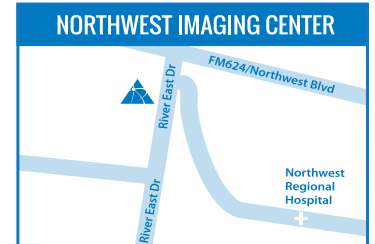
Women's Imaging  
3D and Diagnostic Mammography, Ultrasound, Non-Surgical Breast Biopsy, DXA



**1812 S. Alameda 78404**

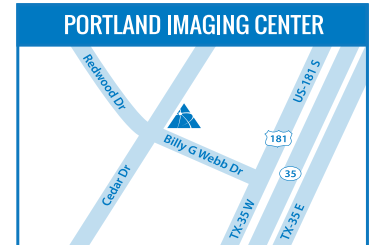
MRI, MR Spectroscopy, MR Angio CT, Low Dose CT Lung Screen, Fluoroscopy, X-Rays

Women's Imaging  
3D and Diagnostic Mammography, Ultrasound, Non-Surgical Breast Biopsy, DXA



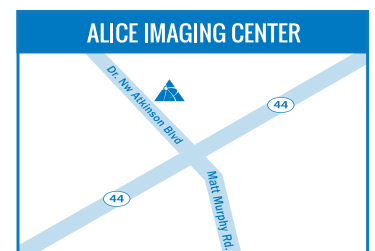
**3929 River East Drive 78410**

MRI, MR Angio, CT, Low Dose CT Lung Screen, X-Rays  
3D Mammography, Ultrasound, DXA



**1776 Billy G. Webb Drive 78374**

MRI, MR Angio, CT, Low Dose CT Lung Screen, X-Rays,  
3D Mammography, Ultrasound, DXA



**2000 Dr. NW Atkinson 78332**

X-Rays, 3D Mammography, Ultrasound, DXA Suite 801